

African Centered Leadership @ Work

(Njia-Dwt: Victorious Thinking Promotes Paradigm Shifting)

African American Political & Psychological History

(900 AD - Present)

MAAFA+				
Free (900 - 1482)	P.O.Ws ■ (1482 -1880)	Enslaved (1482 - Present)	Marooned △ (1500 - Present)	Free Future ()
<p>Africans before European and Arab conquest:</p> <ul style="list-style-type: none"> • Sovereign • Independent • Free • Prosperous • Peaceful 	<p>Africans captured & kidnapped by Africans</p> <ul style="list-style-type: none"> • Sold to Europeans and Arabs • Shipped to the Americas to labor on European plantations 	<p>The Seasoning*</p> <p>Process</p> <ul style="list-style-type: none"> • Deculturalization • Forced Labor • Rudimentary Education • Conceptual Incarceration • Physical Violence • Psychic Violence • Nutritional Deprivation 	<ul style="list-style-type: none"> • Self-emancipation I • Escaped from physical slavery • Est. independent village-states often with Native American assistance • Attacked & destroyed by Europeans • Self-emancipation II • The re-awakening of the African mind ◇ 	<p>Nation State Sovereignty</p> <ul style="list-style-type: none"> • Nyansa nnsa da † • Sankofa ● • Maat Restoration • Maafa Termination • Whm Msw ‡

- + Maafa - Swahili term for “great disaster” used by Marimba Ani (1989, 1994) to identify the past 500 - year period of destruction of African people and the theft of our lands, lives and resources by Europeans and Arabs.
- * Seasoning Process - The art of slave making usually initiated in the Caribbean for African POWs destined for the U.S.
- P.O.Ws - Prisoners of War
- △ Maroons - The English name for Africans who successfully self-emancipated. The progenitors of the Pan African nationalist tradition and movement.
- ◇ Title of book published in 1997 by the noted African American educator Asa Hilliard.
- † Nyansa nnsa da - Twi term coined by Kofi Addae (1996) which means “thought without limit,” which are orientations rooted in traditional Africa philosophical principles like maat and sankofa.
- Sankofa - Twi word and adinkra symbol meaning “learning from the past to build for the future.”
- § Maat - Kemetic (ancient Egyptian) term for truth, justice, order, balance, harmony, reciprocity, often symbolized as a goddess wearing an ostrich feather.
- ‡ Whm Msw (Weheme mesu) - Kemetic term meaning, “repetition of the birth” or rebirth, similar to what Europeans call a “renaissance.”